

Notice of Nondiscrimination

Mountain Valleys Health Centers (MVHC) complies with applicable Federal civil rights laws and does not discriminate, exclude, or treat people differently because of race, color, national origin, age, disability, or sex.

MVHC provides free aid and services to people with disabilities to communicate effectively with us such as:

- Written information in other formats (large print and electronic formats)

MVHC provides free language services to people whose primary language is not English such as:

- Interpreters
- Information written in other languages

Please request interpreter services when making your appointment.

MVHC staff, with prior notice, may translate forms and notices upon request using Google Translate <https://translate.google.com/>.

If you have any questions regarding the aforementioned services or if you believe that MVHC has failed to provide these service or discriminated against you on the basis of race, color, national origin, age, disability, or sex, you may file a grievance in person, by mail, or fax by contacting:

Michelle Salters CCO
P.O. Box 277
Bieber, CA 96009
Phone: (530) 294-5241
Fax: (530) 294-5392

You may also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

The complaint form is available at <http://www.hhs.gov/ocr/office/file/index.html>.